

Useful resources



End Child Sexual Abuse Foundation

Hugline: 2889 9933
Website: www.ecsaf.org.hk
Facebook: www.facebook.com/ecsafhk



Against Child Abuse

Parent-Child Support Line: 2755 1122
Website: www.aca.org.hk



RainLily

RainLily Hotline: 2375 5322
Email Support: safechat@rainlily.org.hk
Website: rainlily.org.hk



The Family Planning Association of Hong Kong

Service Hotline: 2572 2222
Website: www.famplan.org.hk



TWGH CEASE Crisis Centre

24 Hour Hotline: 18281
Website: ceasecrisis.tungwahcsd.org



Caritas Family Crisis Support Centre

24 Hour Crisis Line: 18288
Website: fcsc.caritas.org.hk



Equal Opportunities Commission (for sexual harassment complaint)

Tel: 2511 8211
Website: www.eoc.org.hk



Social Welfare Department

Hotline: 2343 2255
Website: www.swd.gov.hk

Do you know how it hurts? Victims of sexual abuse may:

Physiological Impact:

- Feel physically unwell without reason
- Fear of having physical contact
- Experience insomnia and nightmares
- Suffer from bulimia or anorexia
- Become dependent or even addicted to alcohol and drugs



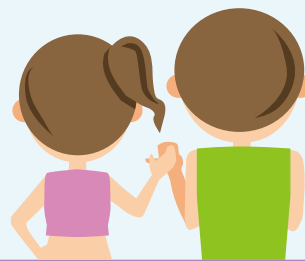
Psychological Impact:

- Lose confidence in self and others
- Poor self-esteem
- Feel guilty, angry, and ashamed
- Show suicidal tendencies
- Feel anxious and nervous without reason
- Have marital problems due to feelings of disgust or fear about sex



Behavioral impact:

- Casual attitude to sex
- Behave abnormally or become emotional
- Become an adult perpetrator



PROTECT CHILDREN FROM HARM

SAY NO TO SEXUAL ABUSE



Content from

End Child Sexual Abuse Foundation

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Translated by

Equal Opportunities Commission

Tel: 2511 8211 Website: www.eoc.org.hk

Child sexual abuse

Any sexual activities involving children, such as forcing a child to submit by enticing or rewarding him/her, or physically abusing a child by means of threats, intimidation or violence.

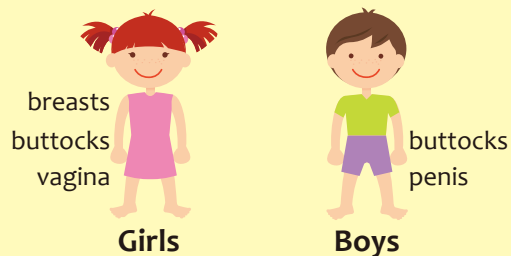
Abuse with physical contact

1. Forced kissing
2. Unnecessary touching or brushing against a child's body
3. Touching the breasts and private parts of a child
4. Forced oral sex, sexual intercourse or sexual touching of private parts by enticement, threats, rewards or pestering
5. Violent or forced sexual intercourse, i.e. rape

Abuse without physical contact

1. Viewing pornography together with a child
2. Having obscene telephone conversations with a child
3. Peeping at a child in the bath or while changing clothes
4. Revealing sexual desire or making sexual advances to a child
5. Exposing a child to sexual acts
6. Indecent exposure of body parts to a child
7. Taking nude photos of a child

Know your private parts



The immediate actions a child should take if someone attempted to look at or touch his/her private parts:

1. Say "No!"
2. Run away and go somewhere safe/among more people
3. Talk to an adult you trust
4. If the adult does not believe what you have said, talk to another adult until someone believes you
5. Do not keep it to yourself. Talk to someone so you can get help!
6. Call the Hugline at 2889 9933 as soon as possible



The actions an adult should take when a child tells you he/she was sexually abused:

1. Listen attentively and show trust in him/her
2. Keep calm
3. Assure the child by saying: "It is not your fault."
4. Encourage the child by saying: "Talk to me, I am here to help you."
5. Tell the child firmly that: "I will stop it from happening again."
6. Call the Hugline at 2889 9933 as soon as possible
7. Seek help from professionals or report to the police as soon as possible



According to statistics, in more than half of child sexual abuse cases, the abusers are known to the victims.

Most common child sexual abuse crime scenes

- Places of learning
- Homes of victims
- Homes of relatives/senior family members/caregivers
- Secluded places

Protect your child

Teach your child to:

- Know his/her own private parts (body parts covered by swimwear)
- Say "No!" immediately when someone attempts to touch his/her body, run away and go somewhere safe/among more people, talk to an adult he/she trusts



Do not let your child:

- Allow others to touch his/her body casually
- Stay alone with any person
- Go to secluded places on his/her own

Respect your child

- Do not touch his/her private parts casually
- Do not tell him/her to strip naked casually



The End Child Sexual Abuse Foundation aims to protect youngsters under 18 from sexual abuse. If you have any enquiries on child sexual abuse, please call our Hugline at 2889 9933.